


# Erikson

*Psycho-Social Development  
Lifespan Theory*



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## Foundations

Development results from **interaction** between maturational processes (bio needs) and societal forces/demands

Emphasis on Ego

Psycho-history

Epigenesis—“plan” of growth

Stage Approach (as related to communication)

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## Stage 1 Oral-Sensory (--year 1)

<i>Trust-Mistrust</i>	Establish Positive Attachments Patterns	Contingent Responses
		Consistent Responses
		Caring Responses

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Stage 2 Muscular-anal (Years 2-3)

<i>Autonomy-Doubt</i>	Mastery of:	My Bodily Functions
		My Movements
		My Verbal Messages

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Stage 3 Locomotor-genital (Years 4-5)

<i>Initiative-Guilt</i>	Create "New"	Self
		Identity
		Roles

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Stage 4 Latency (Years 6-11)

<i>Industriousness-Inferiority</i>	Begin to Master Skills	Presentation of Self
		Perception
		Relational
		Conversational
		Negotiation
		Conflict Management
		Entertainment

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Stage 5 Puberty/Adolescence (Years 12-18)

*Identity-  
Role Confusion*

Reflection on

- Self/Identity
- Roles
- Supportive Relationships

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Stage 6 Young Adulthood (Years 19-25)

*Intimacy-  
Isolation*

Reflection on/  
Master of:

- Adult goals
- Adult relationships
- Adult Roles

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Stage 7 Adulthood (Years 26-65)

*Generativity-  
Stagnation*

Reflection on/  
Master of:

- Adult Life goals
- Adult relationships
- Adult Roles

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### Stage 8 Maturity (Years 66-)

*Ego Integrity-*

*Despair*

Reflection on: Perspective on Life (successes/failures/legacy)

Relationship with Spirituality/Cosmos/After Life/Elvis/Etc.

Connectedness (Past, Present, Future)

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### Positive Lifespan Communication

*How do we use communication to positively manage the past? Present? Future?*



Martin Seligman—*Flourish: A visionary new understanding of happiness & well-being.* New York: Free Press, 2011

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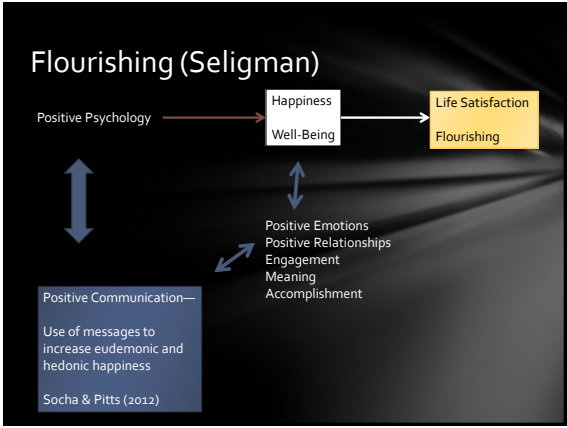
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